



## Campbell Co. Youth Cross Country 2023

### REGISTRATION

#### CAMPBELL COUNTY SCHOOLS CROSS COUNTRY LEAGUE PARTICIPANT

*"A DEVELOPMENTAL LEAGUE TO TEACH THE GREAT SPORT OF CROSS COUNTRY"*

Campbell County School System – Grades K-5.

The Campbell Co. Cross Country Program will be offering an Instructional League for Campbell Co. students in grades K-5. The students will have an opportunity to improve on fundamental individual running skills as well as teamwork. There is a \$25.00 registration fee for each participant. Each participant will receive a t-shirt. All sessions will take place at **Reiley Elementary School** 5:30-6:30 pm.

**REGISTRATION DEADLINE IS FRIDAY 9/1/23. WALK-UP REGISTRATIONS WILL NOT BE ACCEPTED.**

Sessions: Wednesday September 6<sup>th</sup>  
Wednesday September 13<sup>th</sup>  
Wednesday September 20<sup>th</sup>  
Wednesday September 27<sup>th</sup>  
Wednesday October 4<sup>th</sup>

Player's Name (please print) \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size: Youth S \_\_\_ M \_\_\_ L \_\_\_ or Adult S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

Please list any medications or physical conditions your child has that the league should be aware of \_\_\_\_\_

Parent/ Guardian Names (please print) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone (Home) \_\_\_\_\_ ; (cell #1) \_\_\_\_\_ ;(cell # 2) \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone (home) \_\_\_\_\_ (cell) \_\_\_\_\_

1. Entry Fee is \$25.00 per participant. **Check made payable to Campbell Co. Youth Cross Country.**
2. All players must be covered under their family's own health insurance plan.
3. Parent /Guardian must agree to all terms and conditions set forth by the league and read and sign the Waiver and Release of Liability.
4. **Please mail this registration form and fee to:**

Joe Ogonek  
Campbell Co. Middle School  
8000 Alexandria Pike  
Alexandria, KY 41001

### **WAIVER AND RELEASE OF LIABILITY**

WE UNDERSTAND THAT CROSS COUNTRY CAN BE A DANGEROUS SPORT AND THAT INJURIES, SOME OF THEM SERIOUS, DO OCCUR. WE FURTHER UNDERSTAND THAT WE HAVE BEEN STRONGLY ENCOURAGED TO HAVE THE PLAYER RECEIVE A COMPLETE PHYSICAL EXAMINATION BY A MEDICAL DOCTOR BEFORE THE PLAYER COMMENCES PARTICIPATION IN THE LEAGUE. IN EXCHANGE FOR THE PLAYER'S PARTICIPATION IN THE LEAGUE, WE HEREBY AGREE TO RELEASE AND FOREVER DISCHARGE THE CAMPBELL COUNTY SCHOOLS, CAMPBELL COUNTY YOUTH CROSS COUNTRY LEAGUE AND ITS SUCCESSORS AND ASSIGNS, BOARD MEMBERS (BOTH THE BOARD COLLECTIVELY AND ITS MEMBERS INDIVIDUALLY), OFFICERS, COACHES, MEMBERS, WORKERS, VOLUNTEERS AND AGENTS (COLLECTIVELY, THE "RELEASED PARTIES"), OF AND FROM ALL CLAIMS, DEMANDS, RIGHTS AND CAUSES OF ACTION OF WHATSOEVER KIND AND NATURE ARISING FROM AND BY REASON OF ANY AND ALL KNOWN, UNFORESEEN DAMAGES AND THE CONSEQUENCES THEREOF RESULTING FROM THE PLAYER'S PARTICIPATION IN THE LEAGUE. WE FURTHER AGREE NOT TO SUE OR BE A PARTY TO ANY SUIT AGAINST ANY ONE OR MORE OF THE RELEASED PARTIES WITH RESPECT TO ANY MATTERS, WHICH ARISE OUT OF THE PLAYER'S PARTICIPATION IN THE LEAGUE. FURTHER WE AGREE TO INDEMNIFY, DEFEND AND HOLD HARMLESS THE RELEASED PARTIES FROM ANY AND ALL CLAIMS, EXPENSES, DAMAGES, DEMANDS, LOSSES OR LIABILITY FOR DAMAGES FOR DEATH OR BODILY INJURY, DAMAGE TO PROPERTY OR ATTORNEY FEES WHICH THE RELEASED PARTIES MAY SUSTAIN OR INCUR AS A RESULT OF THE PLAYER'S PARTICIPATION IN THE LEAGUE. PARENT/GUARDIAN MUST READ AND AGREE TO ALL CONDITIONS SET FORTH BY THE LEAGUE.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

CC Youth XC is a great opportunity for students to learn the basics of the sport and create a great healthy habit at an early age. With that, we bring years of Cross Country experience to teach your children proper techniques that they can use throughout their lives.

The league will consist of intramural races with other elementary schools in Campbell County School District, similar to the youth track format. Students will be able to compete on an individual level as well as a team.

- Intramural Cross Country- athletes will run in grade group races
- Students will run .5- 1.5 miles depending on their age group.
- Final night of racing will involve competition against other local elementary schools not in Campbell County's District.

### **CCYXC REGISTRATION GUIDELINES**

1. Only PARENT OR LEGAL GUARDIAN can register their child.
2. Release form / waiver must be read and signed by parent/ guardian.
3. Original or photo- copy of birth certificate/ proof of age needed if requested by league.
4. All players must be covered under their families own health insurance plan.
5. Registration Fee must be paid in full and shall accompany the registration application. \$25.00 per player; \$15 for second and third family member; FREE 4<sup>th</sup> or more family member (in same household).
6. Parent /Guardian will be responsible for any issued equipment lost or damaged through means other than normal wear at replacement cost to League.
7. Players will be placed on teams based on equity determined by the League.
8. Players may not change teams for any reason unless determined to be in the league's best interest and the Executive Director or appointee grants permission.
9. The league reserves the right to transfer any player to another team, if it is deemed in the player's best interest. The player must remain in their appropriate division based on age and grade.
10. Players and parent/ guardian must read and agree to the CCYXC's code of conduct before being allowed to participate in league activities.
11. Refund requests must be made in writing to the executive Director and will be acted upon by the Board on a case-by-case basis.

### **CCYXC PLAYER AND PARENT CODE OF CONDUCT**

1. HAVE FUN!!!!!!
2. DISRESPECT FOR AUTHORITY: Any act of disrespect by a player or parent toward a Coach, League Official, Referee, Player, or Cheerleader can result in disciplinary action by the league.
3. Fighting: Any act of fighting or otherwise abusive behavior, as determined by a league official, by any player, parent, or fan will not be tolerated. Immediate ejection of the instigating parties is mandatory, up to and including:
  - A. Mandatory (1) meet suspension
  - B. Removal from the league for the season
  - C. Possible (1) year suspension from all league activities
  - D. Banned from premises on days of CCYXC activities
4. INTIMIDATION: verbal or physical intimidation of opponents outside of normal across the line talk is not allowed

Parent/Guardian and participant have read and agree to all terms and conditions set forth by the Campbell County Schools Youth Cross Country League.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_