CCMS Track & Field 2020

Any CCMS student that is interested in participating in track must meet the following requirements prior to participation:

1. KHSAA Physical completed by a physician.
2. Complete the Campbell Co. Drug Policy Form
3. Pay a participation fee (Checks made payable to CCMS)
    a. $65.00 for first CCMS Sport
    b. $30.00 for second or third sport (CCYFL and CCYCL are not considered CCMS Sports)

The KHSAA Physical and Drug Policy Form can be found in the concession area or online at camelpride.com, Middle School, Forms.

Practice Schedule: ***2:45 - 4:15***

February: 13, 14, 18, 20, 21, 24, 25, 27, 28 (plus 2)
March: 2, 3, 5, 6, 9, 10, 12, 13, 16, 17, 19, 23, 24, 26, 27, 30, 31 (plus 3)
April: 2, 3, 9, 10, 14, 16, 17, 21, 23, 24, 27, 30 (minus 4)
May: 1, 4, 5, 7, 8, 11, 12, 14, 15, 18, 19, 21, 22, 25, 26, 28, 29 (plus 3)

- Practice after May 6th is only for State competitors.
- NKY Championships and State Championships are for select competitors only.

2020 CCMS Track Meet Schedule

Friday	March 13	Tichenor Icebreaker Invite
Friday	March 20	Highlands MS Meet
Wednesday	March 25	Cooper MS Meet
Wednesday	April 1	NKMSAA Invitational-CCHS
Monday	April 13	Boone MS Meet
Monday	April 20	Villa MS Field Event Meet
Tuesday	April 28	St. Henry MS Meet
Wednesday	May 6	* NKY MS Championships*
Wednesday	May 13	Campbell Co. Meet_CCHS
Saturday	May 30	*State Championships (Louisville)*

Transportation will be provided to starred meets
-All Dates are subject to change-

For any questions, please contact Coach Strouse, at cody.strouse@campbell.kyschools.us

SIGN UP FOR TRACK ANNOUNCEMENTS!

We will be using ***Remind*** as a way to send out important updates, practice cancellations, and weekly meet information. To sign up, please follow the steps below.

This is the same Remind group as last track season. No need to sign up again if already on it from last year.

1. Text this number: **81010**
    a. Containing this message: **@ccms1track**
2. Wait for a reply.
    a. It will then ask for you to respond with your **full** name.
3. If anyone has trouble with 81010, you can try texting @ccms1track to (859) 905-3980.

Or

1. If you have a smartphone, you can also get push notifications. On your iPhone or Android phone, open your web browser and go to the following link: rmd.at/ccms1track
2. Then follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.