

"Racing teaches us to challenge ourselves. It teaches us to push beyond where we thought we could go. It helps us to find out what we are made of. This is what we do. This is what it's all about."
 -Patti Sue Plumer, U.S. Olympian

CCHS TRACK

FEBRUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Practice CCHS 3:00-5:00	2 Practice CCHS 3:00-5:00	3	4 Practice CCHS 3:00-5:00	5 Practice CCHS 3:00-5:00	6
7	8 Practice CCHS 3:00-5:00	9 Practice: CCHS 3:00-5:00	10	11 Practice CCHS 3:00-5:00	12 Practice-CCHS: 3:00 -5:00	13
14	15 No School/ No practice	16 Practice CCHS 3:00-5:00	17	18 Practice CCHS 3:00-5:00	19 Practice: CCHS 3:00-5:00	20 Mason County Indoor Meet Bus: 8:00 AM
21	22 Practice CCHS 3:00-5:00 *Begin Candy Fundraiser	23 Practice CCHS 3:00-5:00	24 Practice CCHS 3:00-5:00	25 Practice CCHS 3:00-5:00 Distance team at CCMS	26 Practice CCHS 3:00-5:00	27 Mason County Indoor Meet Bus: 8:00 AM
28	29					

NOTES:

- Fee must be paid and information/ transportation forms must be turned in before you can run in first meet.
- If you are not involved in a winter sport, you are expected to be at every practice.
- If we are off of school for a snow day, there will be no practice.
- If inclement weather, listen to announcements about alternate practice location and times.
- All practices begin at 3:00 PM SHARP. Meet in the concession area, dressed and ready to go.
- Candy Fundraiser will run from 2/24-3/6
- Distance team riding bus to the middle school for practice