

Campbell County Football: CAMEL STRENGTH & SPEED 2015

Month	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Jan 2015 All athletes ARE expected to participate, UNLESS they are currently playing an In-Season CCHS sport.	5 Camel Strength & Speed: 2:30 - 4	6 Camel Strength & Speed: 2:30 - 4	7 *MAKEUPDAY*	8 Camel Strength & Speed: 2:30 - 4	9 Friday's will be make-up days in case of snow days.	10	11
	12 Camel Strength & Speed: 2:30 - 4	13 Camel Strength & Speed: 2:30 - 4	14	15 Camel Strength & Speed: 2:30 - 4	16	17	18
	19 MLK DAY OFF	20 Camel Strength & Speed: 2:30 - 4	21	22 Camel Strength & Speed: 2:30 - 4	23	24	25
	26 Camel Strength & Speed: 2:30 - 4	27 Camel Strength & Speed: 2:30 - 4	28	29 Camel Strength & Speed: 2:30 - 4	30	31	1
	2 Camel Strength & Speed: 2:30 - 4	3 Camel Strength & Speed: 2:30 - 4	4 *MAKEUPDAY*	5 Camel Strength & Speed: 2:30 - 4	6 Friday's will be make-up days in case of snow days	7	8
Feb 2015 All athletes wishing to play football ARE expected to participate, UNLESS they are currently playing an In-Season CCHS sport.	9 Camel Strength & Speed: 2:30 - 4	10 Camel Strength & Speed: 2:30 - 4	11	12 Camel Strength & Speed: 2:30 - 4	13	14	15
	16 PD DAY OFF	17 Camel Strength & Speed: 2:30 - 4	18	19 Camel Strength & Speed: 2:30 - 4	20	21	22
	23 Camel Strength & Speed: 2:30 - 4	24 Camel Strength & Speed: 2:30 - 4	25	26 Camel Strength & Speed: 2:30 - 4	27	28	1
	2 Camel Strength & Speed: 2:30 - 4	3 Camel Strength & Speed: 2:30 - 4	4 *MAKEUPDAY*	5 Camel Strength & Speed: 2:30 - 4	6 Friday's will be make-up days in case of snow days	7	8
	9 Camel Strength & Speed: 2:30 - 4	10 Camel Strength & Speed: 2:30 - 4	11	12 Camel Strength & Speed: 2:30 - 4	13	14	15
Mar 2015 All athletes wishing to play football ARE expected to participate, UNLESS they are currently playing an In-Season CCHS sport.	16 Camel Strength & Speed: 2:30 - 4	17 Camel Strength & Speed: 2:30 - 4	18	19 Camel Strength & Speed: 2:30 - 4	20	21	22
	23 Camel Strength & Speed: 2:30 - 4	24 Camel Strength & Speed: 2:30 - 4	25	26 Camel Strength & Speed: 2:30 - 4	27	28	29
	30 Spring Break OFF	31 Spring Break OFF	1 Spring Break OFF	2 Spring Break OFF	3 Spring Break OFF	4	5
	6 Spring Football TBA	7 Spring Football TBA	8 *MAKEUPDAY*	9 Spring Football TBA	10	11	12
	13 Spring Football TBA	14 Spring Football TBA	15	16 Spring Football TBA	17	18	19
Apr 2015	20 Spring Football TBA	21 Spring Football TBA	22	23 Spring Football TBA	24 Spring Football TBA	25	26
	27 Camel Strength & Speed: 2:30 - 4	28 Camel Strength & Speed: 2:30 - 4	29	30 Camel Strength & Speed: 2:30 - 4	1	2	3