

CCMS Cross Country 2016

Practice Schedule

Practices will be held every **Monday, Tuesday, Thursday, and Friday** directly after school (3rd wave) until 4:30! Wednesdays are off days!

The first practice will be held **Tuesday, August 16th**.

Students are to turn in a KHSAA Sport Physical, a \$65 dollar sports fee (check made payable to CCMS), and a signed Drug Policy Form (provided by the coach) in order to participate.

KHSAA Physical Forms and CCS Drug Policy Forms are located in the CCMS Concession Area or you can download the forms by clicking on the following links: www.camelpride.com, Fan Zone, Forms.

For any questions please contact: cody.strouse@campbell.kyschools.us

Cross County Competition Meet Schedule TBA August 16th.