

CCMS Cross Country 2015 Schedule

<u>Day/Date</u>	<u>Meet</u>	<u>Location</u>	<u>Time</u>
Sat. 8/29	Grant County	Sherman Elementary	TBA
Sat. 9/5	Ryle Invite	Ryle High School	8:00 am
Sat. 9/12	Cov. Cath.	Devou Park	8:30 am
Sat. 9/19	Scott Invitational	Scott HS	TBA
Sat. 10/3	*Williamstown	Williamstown HS	TBA
Sat. 10/10	St. Henry	Idelwild Park	12:00 pm
Wed. 10/14	*Region	Idelwild Park	4:30 pm
Sat. 10/24	*State	Lexington	TBA

***Indicates that Transportation will be provided for these meets**

All Dates, times and locations are subject to change.

Practice Schedule

Practices will be held every **Monday, Tuesday, Thursday, and Friday** directly after school (3rd wave)! Wednesdays are off days! The first practice is Monday August 17th.

Students are to turn in a KHSAA Sport Physical, a \$65 dollar sports fee, and a signed Drug Policy Form in order to participate. KHSAA Physical Forms and CCS Drug Policy Forms are located in the CCMS Concession Area or you can download the forms by clicking on the following links: www.camelpride.com, Fan Zone, Forms.

For any questions please contact me at:
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